

## **NEWS FLASH!**

**Available to all patients with a known diagnosis of dementia**

Did you know that the Dementia Resource Centre, 441 Lincoln Road, Millfield, Peterborough PE1 2PE has a number of **FREE** services to offer?

**Someone to talk to** - You can phone at any time during our opening hours to talk in confidence with a member of our Dementia Support Team. Our staff are here to listen when you just feel the need to talk, or to offer information and advice on specific issues.

**Dementia Adviser** - Our Dementia Adviser provides information, advice and guidance to people with dementia and will support people through diagnosis, or later on.

**Support from Dementia Support Workers** - Our Dementia Support Workers give personalised practical and emotional support to people with dementia and their carers.

**Advocacy Service** - Advocacy service helps people with dementia and their carers to express their views, to access information and services and to secure their rights. The advocate is there to support you in making your views, wishes and needs known to people and organisations involved in decisions that affect you.

**Home Visits** - We can also arrange for a Dementia Support Worker to visit you at home or see you at the Dementia Resource Centre to provide information, advice and support.

**Activity Groups** - We offer a wide range of activity groups including Knit & Knatter, Current Affairs Discussion Group and Arts & Crafts. These services offer people with dementia the opportunity to meet others in a relaxed setting.

For information, advice and support, please call us on **01733 893853**. We are open from 9am to 5pm, Monday to Friday